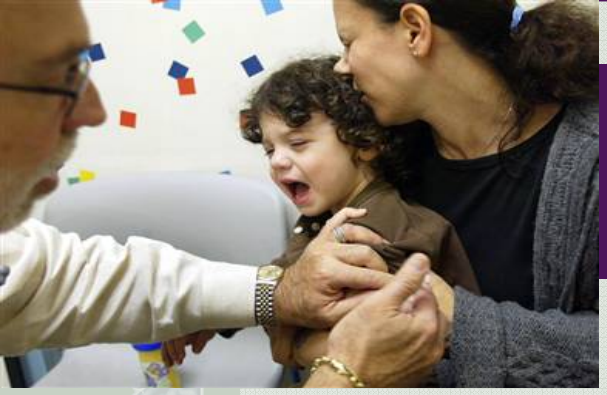
Dr. John Ferguson presents…

Rethinking Illness/Vaccines:

IMMUNIZATION: THE TRUTH BEHIND THE MYTH

Kids need to get "sick" in order to be well, while allowing them to express their health potential…

- In consideration of the philosophy of today's conventional **medical practice**, and of the beliefs of our current dominant cultural norms, we are **taught** to view **symptoms** of acute illnesses and childhood diseases as something **bad and dangerous, to be avoided…at all costs**



Vaccination or Not?

- Decision should be based on facts, true science, informed consent…not ads, pressure, guilt, coercion, dogma or law
- **Parents** are also made to **FEAR** the **worst-case** scenario each time their **children get sick**, or when they choose to **not vaccinate** their children.

Reasons for Parents Rejecting Vaccines

- Vaccine is more dangerous than disease
- Natural immunity vs. artificial vaccination
- Religious, philosophical, personal objections
- Political/$ motives
- Have/know vaccine-injured child
- "Roughly ¼ of American parents have serious concerns over safety of vaccines their children receive" USA Today Oct. 30, 2000

Today's Objectives:

- Current Health/Disease Viewpoints
- Benefits of Exposure/Infection
- Understand bacteria & Virus
- Gain greater understanding of how the immune system operates
- Learn the difference between "Immunization" and "Vaccination"
- What vaccines do, ingredients, side effects

Today's Objectives:

- Why has disease decreased overtime (chronic illness increased)
- Arm you with the right questions and right answers to make a more informed decision regarding your CHOICE to vaccinate or NOT
- Learn your rights, exemptions, steps to take to defend your choices (with schools, doctors…)
- Healthy Lifestyle Info
- Knowledge = FREEDOM and POWER to decide with confidence what is BEST for your children!

2 Viewpoints

Germ Theory

- Foundation of Modern Medicine
- Separate diseases, caused by specific microorganism
- No disease = no exposure
- Find the right drug/vaccine to selectively kill off the bug
- Reduce symptoms
- Prevent sickness
- Infection “going around”
- Outside-in invasion
- Something wrong with body
- Artificial exposure

Holistic/Vitalistic Theory

- Created, evolved and survived for generations
- Germs: seek diseased tissues
- Exposure = lifelong protection
- Get out of the way; intervene as necessary
- Symptoms are the cure
- Kids need to get “sick”
- “Entrainment”
- Something trying to get out
- Immune system is strong/body is intelligent
- Natural exposure

Dr. Larry Palevsky, MD

"I was trained to **stop children's symptoms and illnesses at all costs**, using as many over-the-counter and prescription drugs as I could. We are taught, after all, that **illness and symptoms are bad** and must be stopped, especially in our children.

I have come to understand, however, that with our **use and abuse** of over-the-counter medicines, antibiotics and prescription drugs, what we are often really **stopping is the natural process of healing and maturation in our children**. This medical approach, combined with children's regular exposure to toxins, is directly responsible for creating **chronic illness** in a quarter to a third of the children in our society."

“Let your children get sick”

- “One of the best ways to ensure your children's health is to allow them to get sick. At first hearing, this concept may sound outrageous. Yet childhood illnesses, such as measles, mumps, and even whooping cough, may be of key benefit to a child's developing immune system and it may be inadvisable to suppress these illnesses with immunizations. Evidence is also accumulating that routine childhood vaccinations may directly contribute to the emergence of chronic problems such as eczema, ear infections, asthma, and bowel inflammations.” Philip Incao, MD

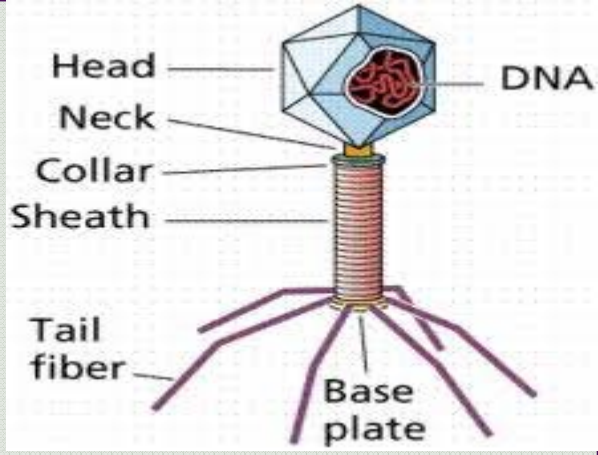
Question: Do acute diseases protect against cancer?

- "This study investigates the hypothesis that infectious childhood diseases with fever (FICDs) are associated with a lower cancer risk in adulthood…The study consistently revealed a lower cancer risk for patients with a history of FICD." Albonico HU, Braker HU, Husler J. Febrile infectious childhood diseases in the history of cancer patients and matched controls. *Medical Hypotheses.* 1998;51(4):315-320.

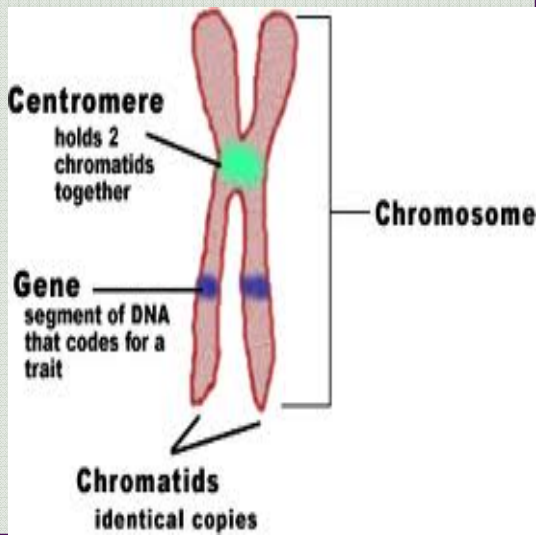
Germs, Germs everywhere

- Trillions in/on our body
- 10x # of bacteria (cells) in body as human cells – obtained from living
- Why are we not “sick” all the time?
- Why here?

What about a Virus?



- Pieces of DNA
- 1/1millionth of an inch
- Out of cell, can't survive
- Millions of viral DNA in each human
- **9%** of our DNA are viruses
- Virus-like entities are **34%**
- **>43%** of our **DNA is viral**



Do we need viruses?

- Symbiosis – suck life out of us & help us
- Regulate our metabolism
- Protect host defenses
- Physiology & brain function
- Make proteins
- Help pregnant female build placenta
- Help w/ evolutionary changes
- Gets triggered in DNA to ramp up cell activity during illness

Probability of exposure?

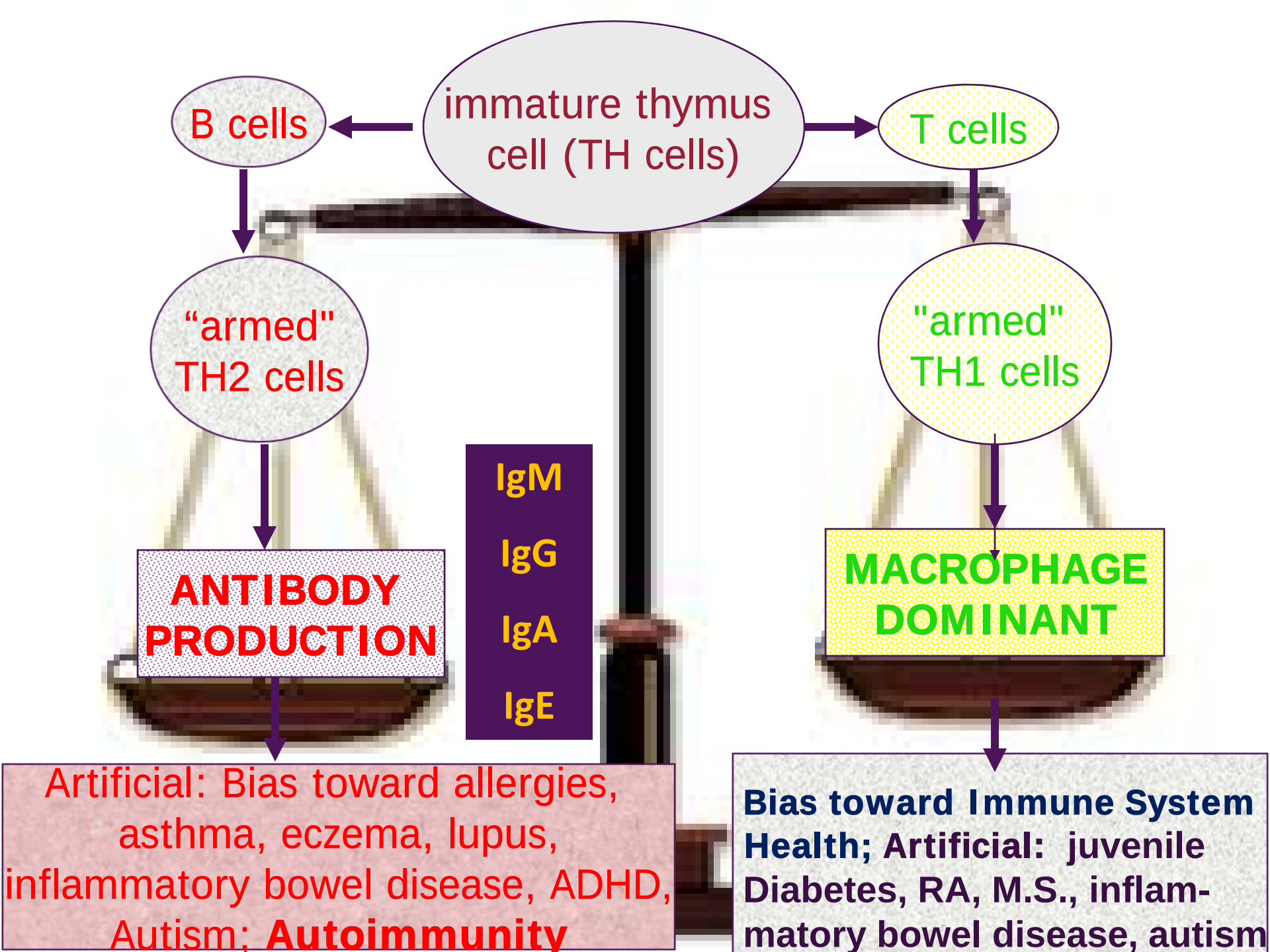
- We vaccinate against 42 organisms
- Statistical chance of not coming in contact with those 42? Getting illness? 41/42 are airborne!
- **By age “X” when vaccine recommended?**
- “Not exposed because not sick” is erroneous

Immune Development/Lines of Defense

- Immunization: body protected all by itself due to natural exposure/getting the disease
- Ingestion of mother's vaginal bact.; Breast milk
- 1st Line: Any barrier that blocks port of entry

  Ex: Skin, secretions, flushing, mucous, etc
- 2nd Line: Protective White blood fluids;

  Local and systemic reactions, inflammation
- 3rd Line: Acquired, lymphocytes, years of DNA training; T cells and B cell activity
- 80+% of Immune System in GI tract


immature thymus cell (TH cells)
B cells
T cells
"armed" TH2 cells
"armed" TH1 cells
ANTIBODY PRODUCTION
IgM
IgG
IgA
IgE
MACROPHAGE DOMINANT
Artificial: Bias toward allergies, asthma, eczema, lupus, inflammatory bowel disease, ADHD, Autism; Autoimmunity
Bias toward Immune System Health; Artificial: juvenile Diabetes, RA, M.S., inflam-matory bowel disease, autism

Vaccine's "Goal"

- Idea to teach immune system to recognize bacteria/virus because we don't see the disease
- Won't get it "as bad"
- Does NOT eliminate the presence of the germ

What vaccines do

- Introduce dead or live (attenuated) bacteria/virus and other man-made chemicals, cells…into the bloodstream
- Titer response: temporary antibodies
- Induce Th2 cytokines, suppress Th1 cytokines and induce IgE development

  Karol MH. Respiratory allergy: What are the uncertainties? Toxicology. 2002 Dec 27;181-181:305-10. PMID 1250330
- Can cause “self” attack on virons in DNA
- Just need to trigger cell membrane to get immune reaction

Antibodies are not enough

- *Textbook of Pediatrics*: “If can’t detect antibodies, doesn’t mean not protected; presence of antibody is **not sufficient to ensure protection after vaccine** administered.”

- **“No antibodies are required for immunity against some viruses**” *Immunity* Mar. ‘11

Vaccine Ingredients

- Attenuated pathogens: weakened, ½ killed mutation
- Toxoids: excretion of a pathogen, claimed to trigger immunity, since it came from original bug
- Adjuvants: compounds (formaldehyde, ethylene glycol, aluminum, mercury) to provoke a stronger immune response
- Preservatives: to prevent contamination (phenol, 2-phenoxyethanol, benzethonium chloride, Thimerosal)
- Excipients: oil compounds used as carriers to prolong and enhance the immune effect (peanut oil, latex…)
- Culture media: lung cells of aborted human fetus, human blood, kidneys of African green monkeys, diphtheria cultures, infected human connective tissue, infected animal cells (monkey, pig, calf, canary, rabbit, chicken, guinea pig)

Mercury: a vaccine preservative

- Thimerosal, which is approximately 50% mercury by weight, has been one of the most widely used preservatives in vaccines
- A vaccine containing 0.01% thimerosal contains approximately 25 ugm of mercury per 0.5 mL dose (EPA: .1ugm/kg weight/day = safe)
- Children born before 2001 received ALL thimerosal-containing vaccines

Mercury and TH1/Th2 imbalance

- Mercury can alter the cytokine status and the Th1/Th2 balance, leading to autoimmune disease.
- In addition, mercury can induce a strong increase of IgE.
  - B. Häggqvist. Cl & Exp. Immunology. Vol. 134, Issue 2, pg 202. Nov. 2003
- MOA: Th1 pathways can be transformed into Th2 dominance through depletion of intracellular glutathione. Mercury depletes glutathione, polarizing theTh2 dominance.
  - Parris Kidd. *Th1/Th2 balance: the hypothesis, its limitations, and implications for health and disease.* AltMedReview. Aug, 2003

THIMEROSAL CONTAINING VACCINES

AS OF 2-16-2005

http://www.vaccinesafety.edu/

VACCINE	THIMEROSAL PER DOSE
Fluzone, Fluviron (single dose)	25ug/dose
Fluzone (pre-filled) Fluviron (preservative-free)	Trace thimerosal
MenoMune (Meningitis)	Trace to 25ug/dose
DTaP (Tripedia), Pediarix, Twinrix	Trace thimerosal
TT, DT, Td (multidose), DTwP	25ug/dose

FDA's webpage on thimerosal, as of 3/14/08:

- DTaP .3 ugm
- DT 25 ugm
- Td 8.3 ugm
- TT 25 ugm
- Hep B 1 ugm
- Hep A 1 ugm
- Influenza 25 ugm

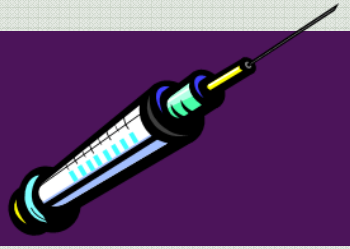
Aluminum: a poison that can cause bone, bone marrow and brain degeneration.

- Aluminum is a heavy metal with known neurotoxic effects on human nervous systems. It can be found in the following childhood vaccines – DTaP, Pediarix (DTaP-Hep B-Polio combination), Pentacel (DTaP-HiB-Polio combination), Hepatitis A & B, HiB, HPV, and Pneumococcal vax
- In 1996, the American Academy of Pediatrics issued a position paper on Aluminum Toxicity in Infants and Children, “Aluminum is now being implicated as interfering with a variety of cellular and metabolic processes in the nervous system and in other tissues.”

Aluminum study

- Univ of BC, Chris Shaw, PhD, Neuroscientist
- Inject mice with aluminum equiv to vaccine dose, observed and then sacrificed them
- Found: significant apoptosis (cell death), increase reactive astrocytes (nerve cell inflammation), aluminum in nerve cells/brain/spinal cord, tau proteins (Alzheimer's marker), impaired motor function, decrease memory capacity and balance

Polysorbate-80



- Assist in the delivery of certain drugs or chemotherapeutic agents across the **blood-brain-barrier**.
- Why use it in vaccines? Is this another connection to help us get an understanding of why 1 in 88 children have autism, or 1 in 6 children has developmental/learning disabilities?
- Known to cause allergies, infertility in female mice and testicular atrophy in male mice.

Some Vaccine Ingredients: How is it possible that vaccines will not be harmful to your health?

- Animal cells from monkeys (polio), mouse (rabies), dog kidneys, chickens, cows, and humans.
- Formaldehyde (embalming fluid), a known carcinogen.
- Gelatin, from pigs and cows, known to cause anaphylactic reactions, is found in large quantities in the MMR, chickenpox and shingles vaccines.
- Monosodium glutamate (MSG) in inhaled flu vaccines, is known to cause metabolic disturbances (e.g. diabetes), seizures and other neurologic disorders.

- Phenol/ethylene glycol (antifreeze)

Known vaccine side effects

Medunitsin, N. "The origins of adverse reactions induced by vaccines." Russian J.of Immun Vol 2; No.1. 1997

- Direct pharmacological effects
- Induction of allergies
- Immune disruption due to additives, adjuvants, absorbants and carriers in the vaccine
- Tumorogenic effects
- Induction of autoimmune disease
- Induction of antibodies against other antigens in the vaccine **(peanuts, phenol , mercury, gelatin, aluminum, mineral oil...)**

Crib Death/SIDS

- In Japan, starting delaying vaccines from 2 months → 2 years: SIDS and Childhood Illnesses declined
- 2 years of age (Vaccinate): Illnesses increased
- Study report: Roughly 1/2 of the premature infants experienced a "small increase" in respiratory rate post-immunization. 14% and 21% of infants, respectively, had an increased need for nebulizations and supplemental oxygen post-immunizations. Reuters Health Information Oct. 21, 2002

VACCINE SCHEDULE

1985

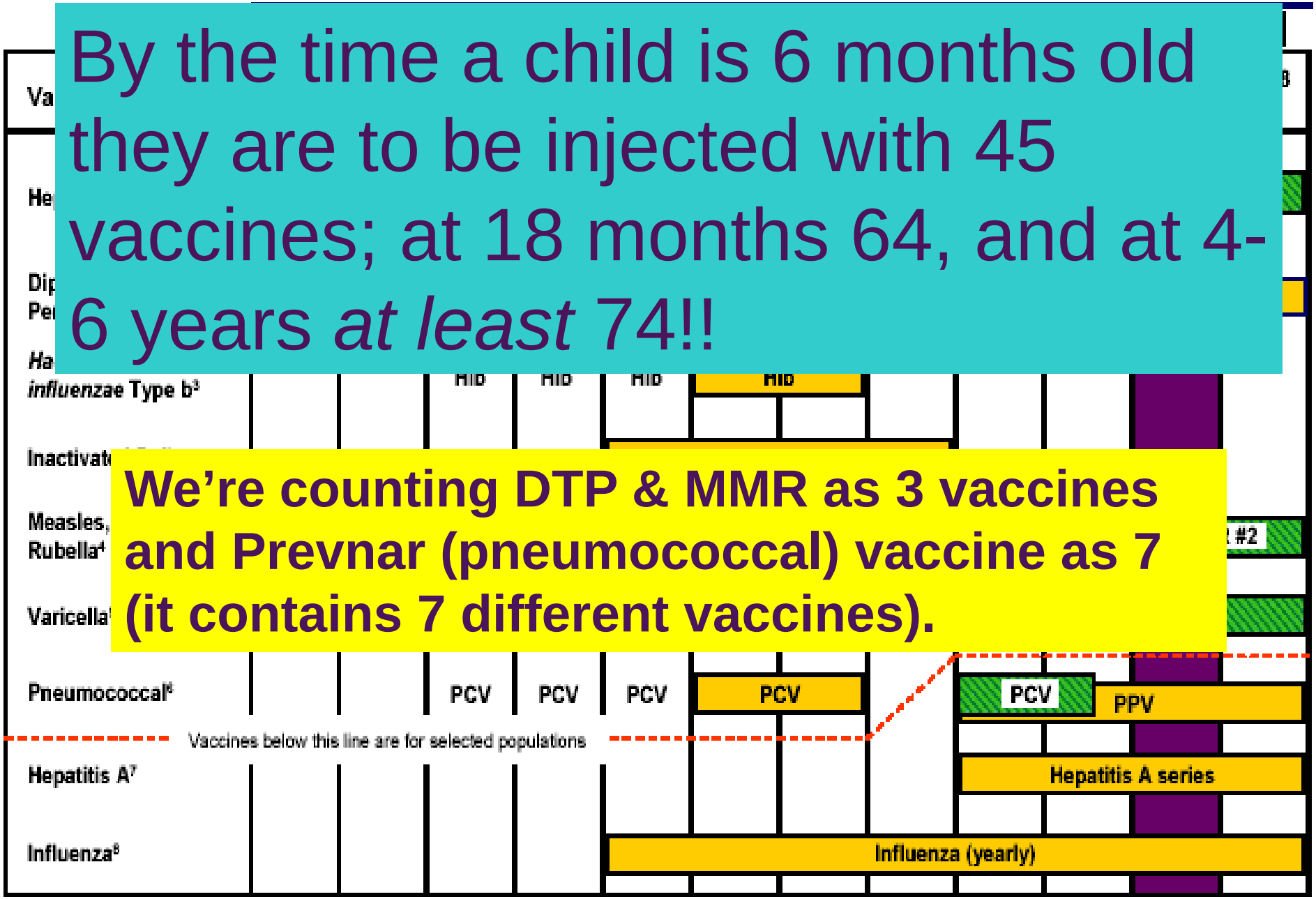
Birth	2m	4m	6m	15m	18m	24m	5yr	15yr
xxx	DPT	DPT	DPT	MMR	DPT	DPT	xxx	Td
	OPV	OPV	OPV		OPV		OPV	

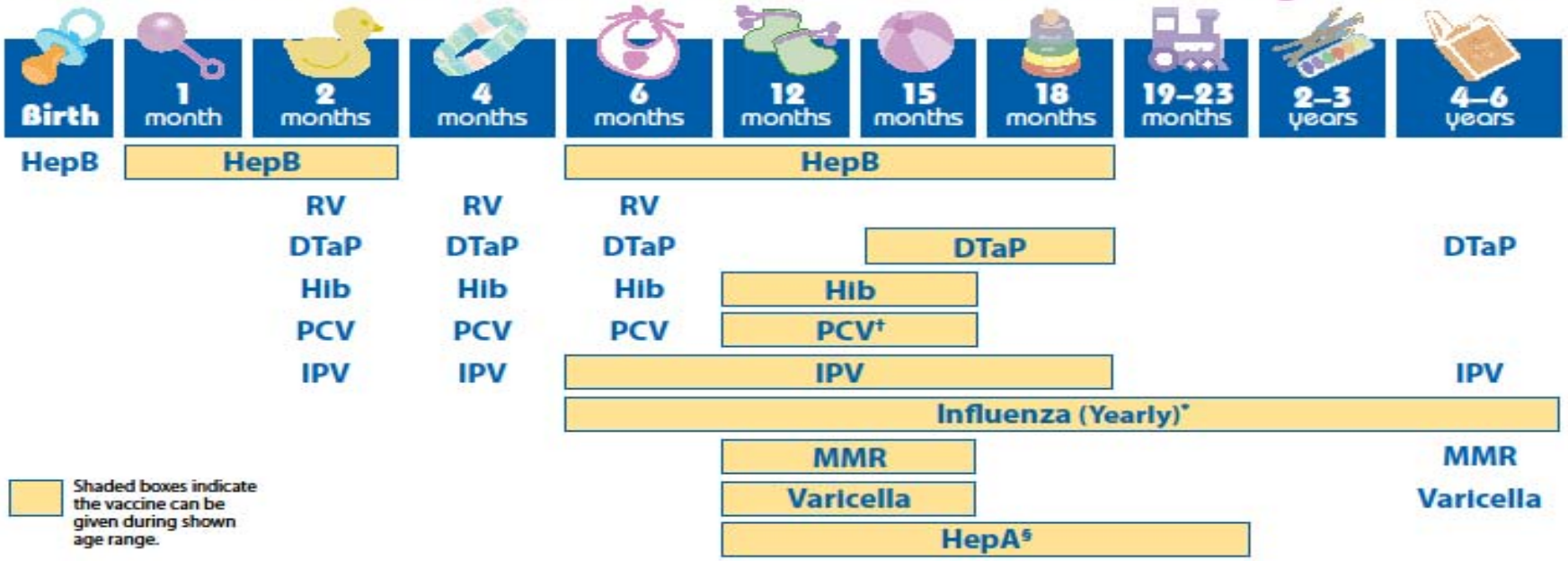
That's ***18*** vaccines by **6** months; ***33*** by **5** yrs.

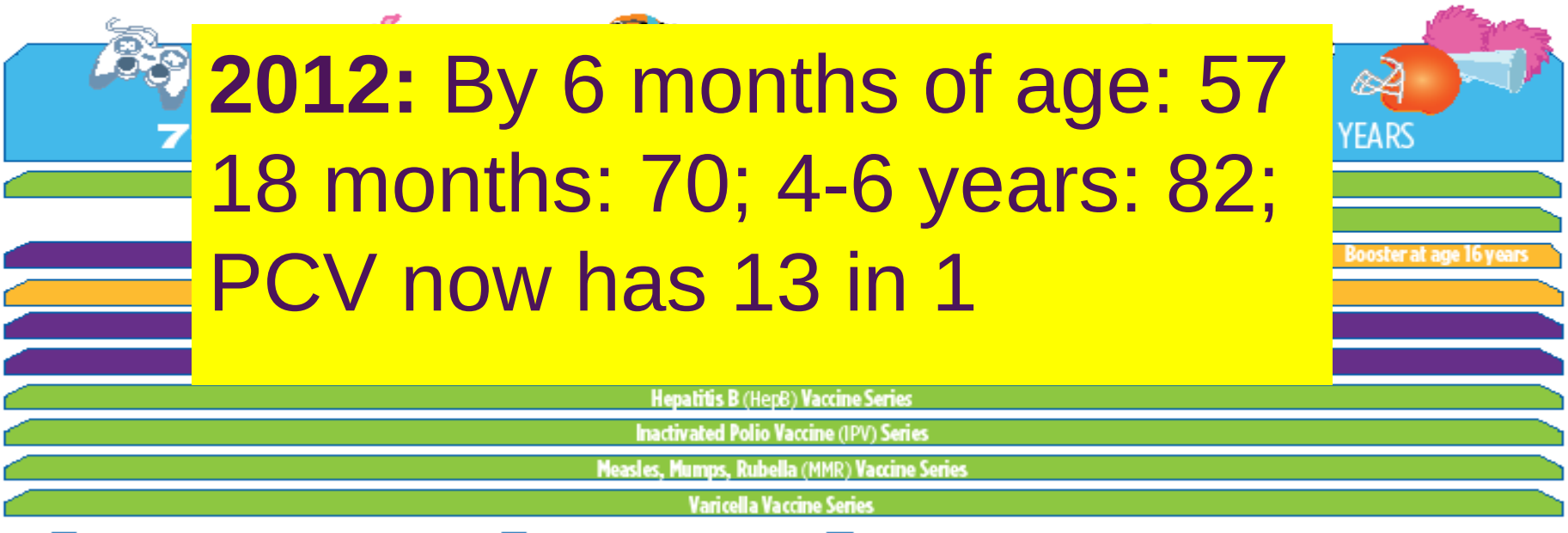
Recommended Childhood and Adolescent Immunization Schedule -- United States, 2003

By the time a child is 6 months old they are to be injected with 45 vaccines; at 18 months 64, and at 4-6 years *at least* 74!!

We're counting DTP & MMR as 3 vaccines and Prevnar (pneumococcal) vaccine as 7 (it contains 7 different vaccines).



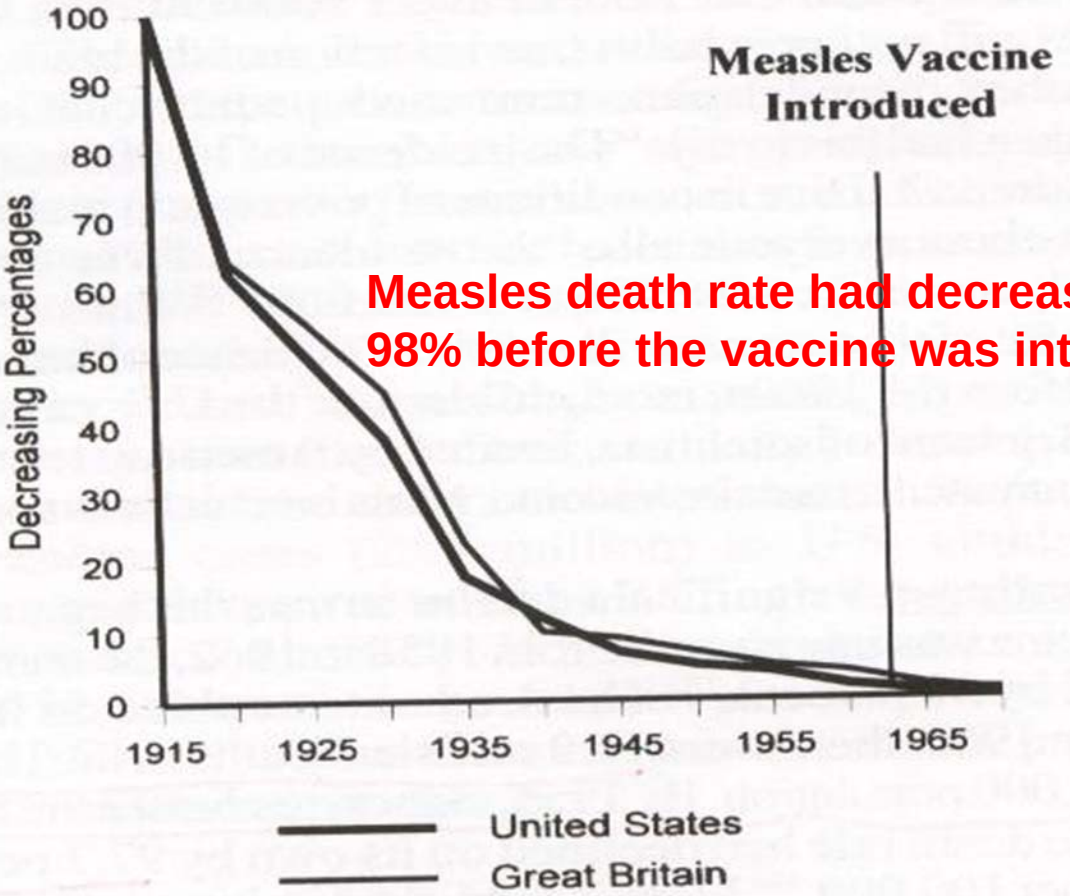



2012 Recommended Immunizations for Children from 7 Through 18 Years Old
YEARS
Booster at age 16 years
Hepatitis B (HepB) Vaccine Series
Inactivated Polio Vaccine (IPV) Series
Measles, Mumps, Rubella (MMR) Vaccine Series
Varicella Vaccine Series

2012: By 6 months of age: 57
18 months: 70; 4-6 years: 82;
PCV now has 13 in 1

But Vaccines eradicated all those “deadly” diseases! Right?

The Measles Death Rate was Decreasing on its Own *Before* the Vaccine was Introduced



Measles death rate had decreased by 98% before the vaccine was introduced

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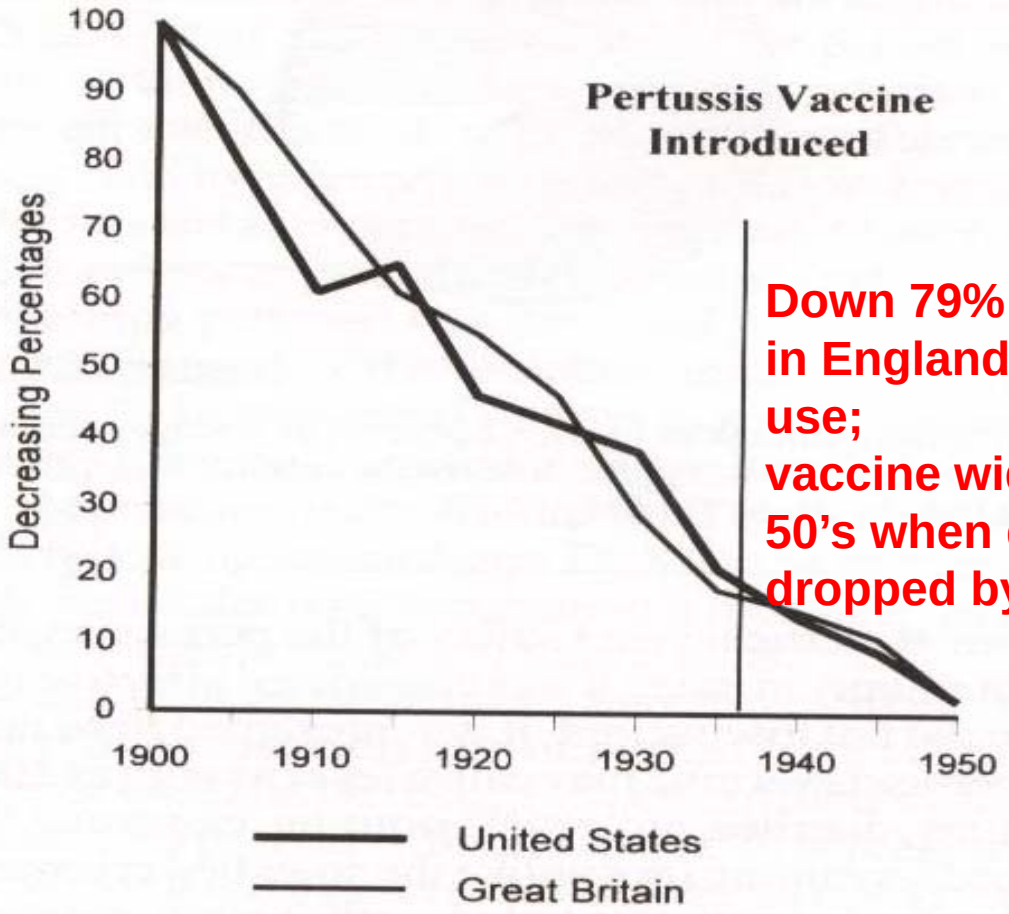
From 1915 to 1958, before the measles vaccine was introduced, the measles death rate in the United States and Great Britain had already declined on its own by 98 percent. Source: *International Mortality Statistics,* 1981.

The Pertussis Death Rate was Decreasing on its Own *Before* the Vaccine was Introduced



Down 79% in US and 82% in England before vaccine use;
vaccine widely used in 50's when death rate dropped by 99%

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From 1900 to 1935, *before* the pertussis vaccine was introduced, the death rate from pertussis in the United States and England had already declined on its own by 79 percent and 82 percent, respectively. Source: *International Mortality Statistics* (1981) by Michael Alderson.

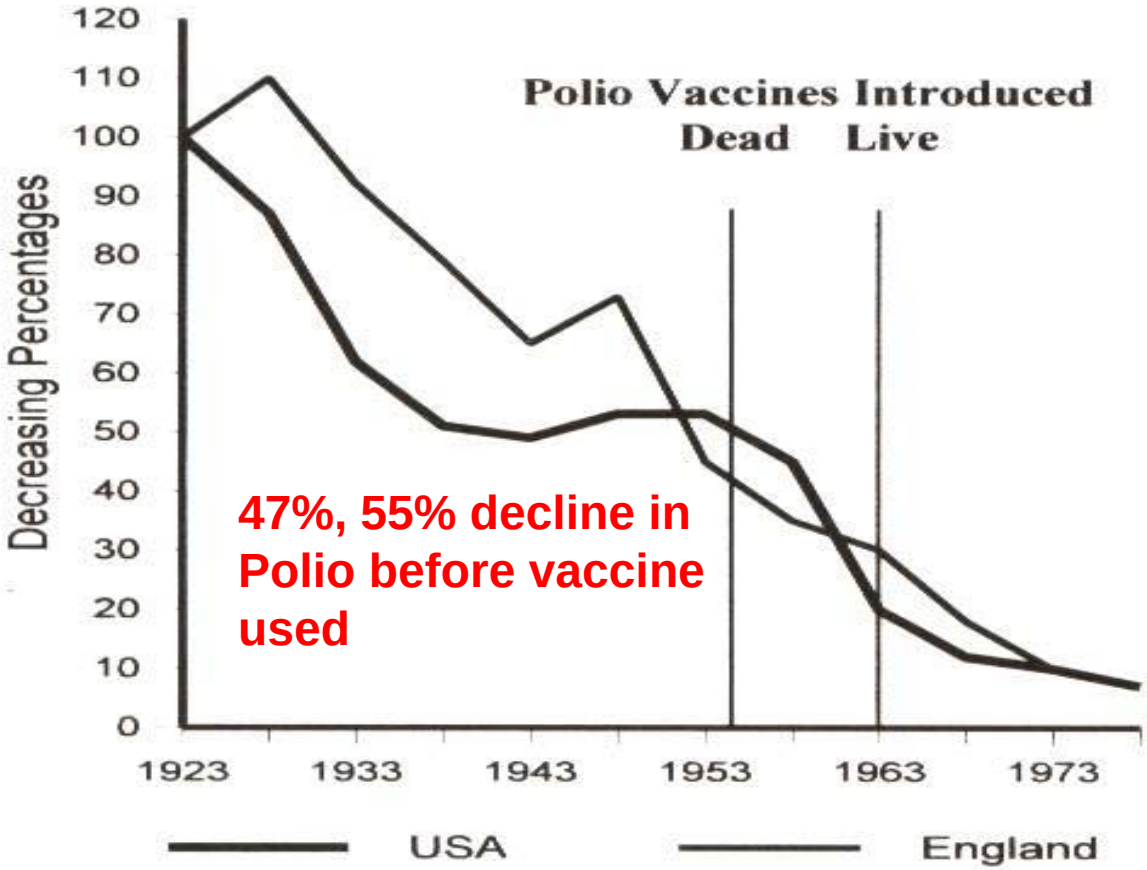
Pertussis "Whooping Cough"/Vaccine

- "The whole-cell vaccine for pertussis is protective only against clinical disease, **not against infection**…recently vaccinated children may serve as…potential transmitters of infection." CDC
- The DPT vaccine had to be **replaced** (by less effective DTaP): associated with "high fever, collapse/shock, convulsions, brain inflammation and permanent brain damage." NVIC.org
- May 1999 *Chest* "The incidence and prevalence of pertussis in adults have increased in recent years. It has been shown that **previously immunized adults** and adolescents are the main sources of transmission of Bordetella pertussis."
- Vaccine at best 50% effective in kids; 24% in 8-12 yr olds
  - Mar '12 Clinical Infectious Diseases
- Outbreaks: 76%+ in vaccinated pop. Washington '12; no deaths

Pertussis, cont'd

- Booster shot not approved for 7-9 year olds
- Vaccine manufacturer never studied how long it lasts in 4-6 yr olds
- CDC: cases of whooping cough on the rise since the early 1980s, despite ever-increasing vaccination coverage; esp. at 2, 4 and 6 months
- In December 1997, journal Pediatrics: study of a large number of unvaccinated children with laboratory-confirmed pertussis. Researchers wrote, "The age distribution of our patients with a peak in preschool children is typical for a primarily unvaccinated population. In contrast, **widespread immunization** results in a **relative increase of cases** in infants, adolescents, and adults."

The Polio Death Rate Was Decreasing on its Own *Before* the Vaccine was Introduced



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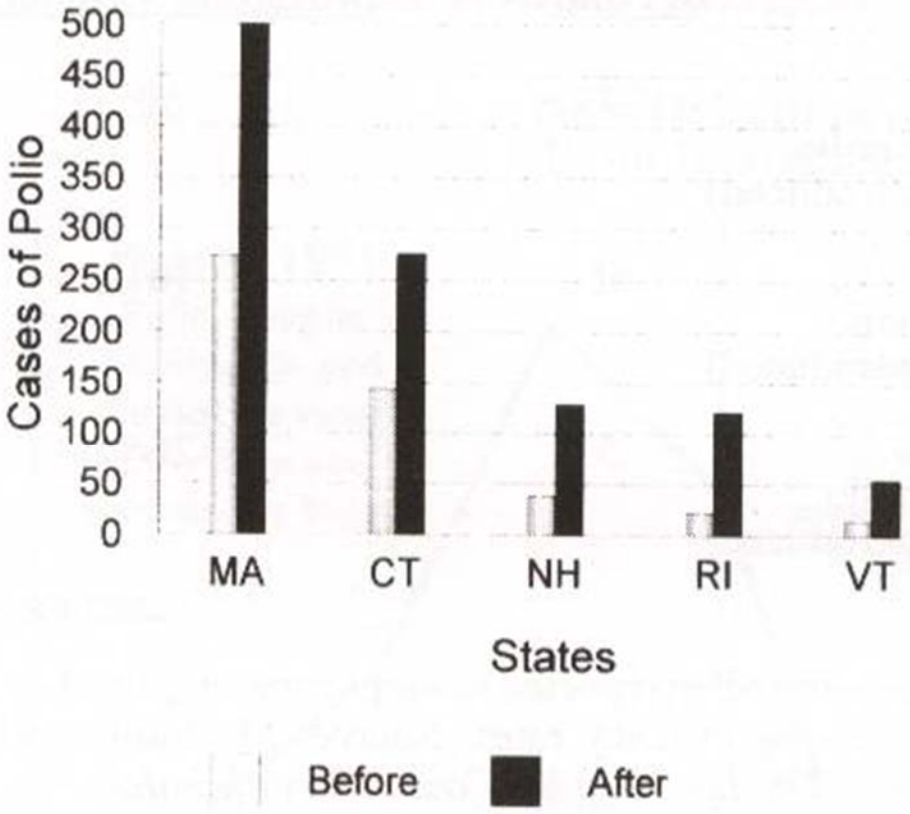
From 1923 to 1953, before the Salk killed-virus vaccine was introduced, the polio death rate in the United States and England had already declined on its own by 47 percent and 55 percent, respectively. Source: *International Mortality Statistics* (1981) by Michael Alderson.

Cases of Polio *Increased* in the U.S. After Mass Inoculations



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When national immunization campaigns were initiated in the 1950s, the number of reported cases of polio following mass inoculations with the killed-virus vaccine was significantly greater than before mass inoculations, and may have more than doubled in the U.S. as a whole. Source: U.S. government statistics.

Meningitis

- Inflammation of brain's meninges
- Also a side effect of some vaccines
- 1400 – 3K cases/year out of 308 million population
- A, B, C, Y, W135
- 33 – 50% of cases from strain B, which is not in vaccine
- 66-70% < 5 yrs old caused by "B"
- New recommendations (6 doses): at months 2, 4, 6, 12; age 10-12, 18
- 20% have N. meningitis in throat: asymptomatic
- By teens, most have Antibodies toward it
- Exchange of saliva/close/intimate contact

- Outbreaks have occurred in 100% vaccinated populations.

Morbidity and Mortality Weekly Report. US Govt. 12/29/89/38(S-9):1-18.

  - Herd immunity not successful

- "80% cases of measles are contracted in vaccinated people." *Morbidity and Mortality Weekly Report.* US Govt. 6/6/86/35(22):366-70. Alan Nelson MD testifying on behalf of the AMA

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A PERSISTENT OUTBREAK OF MEASLES DESPITE APPROPRIATE PREVENTION AND CONTROL MEASURES

RONALD M. DAVIS,[1,2] ERIC D. WHITMAN,[3] WALTER A. ORENSTEIN,[1]
STEPHEN R. PREBLUD,[1] LAURI E. MARKOWITZ,[1] AND ALAN R. HINMAN[1]

Davis, R. M. (CDC, Atlanta, GA 30333), E. D. Whitman, W. A. Orenstein, S. R. Preblud, L. E. Markowitz, and A. R. Hinman. A persistent outbreak of measles despite appropriate prevention and control measures. *Am J Epidemiol* 1987; 126:438–49.

From January 4 to May 13, 1985, an outbreak of 137 cases of measles occurred in Montana and persisted for 12 generations of spread. A total of 114 cases occurred on the Blackfeet Indian reservation in northwest Montana. Of the 137 cases, 82 (59.9%) were in school-aged children (aged 5–19 years). Of the 114

An outbreak of 137 cases of measles… 98.7% of students were appropriately vaccinated. Davis RM, Whitman ED, Orenstein WA, A persistent outbreak of measles despite appropriate prevention and control measures. *Am J Epidemiol. 1987;126(3):438-449.*

Tetanus

- is ‘caught’ by a wound. And how many times does a child get a scrape, a puncture, a cut? So the pressure to vaccinate is strong!
- Bacteria requires an anaerobic environment (not “rusty” nail)…let it bleed
- No single tetanus shot. Parents can choose from three brands of DTaP. In 2006: Tripedia had 646 reactions; Infanrix: 1003 reactions; Deptacel: 1103 reactions.
- Risks: Poor wound care, diabetes
- Risk assessed, non-vaccine shot called Tetanus Immunoglobulin or **TiG**

Other info

- HepB – blood to blood; IV drug use, sexual contact
- Gardasil- over 100 deaths; miscarriage; Guillain-Barre Syndrome; 90%: most infections clear on own in 2 years; contains aluminum, poly-80, sodium borate (main ingredient in roach killer)
- Chix pox: we're supposed to get it; increase shingles cases in adults

Breathing alone can emit particles with viral DNA (J. Med. Virology)

Vaccine Exemptions/Info

- Medical*, Religious*, Philosophical, Military
- Paperwork, procedure, politeness
- http://www.nvic.org/Vaccine-Laws/state-vaccine-requirements/newyork.aspx
- For help with New York exemptions, please contact:
  Coalition For Informed Choice
  188-34 87th Drive, #4B,
  Hollis, NY 11423 Fax / Phone: 718-479-2939
- Vaccine Attorney: Patricia Finn **450 Piermont Avenue, Piermont, New York, 10968 Phone:** 845-875-4393 | **Fax:** 845-818-3690
  E-mail: patriciafinnattorney@gmail.com

- Public Health Law §2164 (9) states that immunizations are **not** required where the parent(s) or guardian **"hold genuine and sincere religious beliefs"** which are contrary to immunization.

  Department of Health Regulation 10 NYCRR §66-1.3(d) requires the submission of:
  A **written and signed statement** from the parents…of such child, stating that they object to their child's immunization due to sincere and genuine religious beliefs which prohibit the immunization of their child in which case the principal or person in charge of the school may require **supporting documents**.

- **Sample exemption form**: http://www.p12.nysed.gov/sss/schoolhealth/schoolhealthservices/modelreligiousexemptionformmarch10.pdf

Sites for more information and a place to start

- www.vaclib.org/exempt/newyork.htm
- www.nvic.org www.vaccinechoice.org
- www.drtenpenny.com www.909shot.com www.vaccines.net
- www.novaxdoctors.webs.com www.vaccinesuncensored.org
- www.naturalnews.com/vaccination.html
- www.mykidsmychoice.com
- www.bionutritionalcare.com/Vaccine_Research.html
- http://preventdisease.com/news/pdf/Research_Citations_Linking_Vaccines_To_Disease.pdf

Reference Material

- *Childhood Vaccinations:Questions All Parents Should Ask-Tedd Koren, DC*
- *How to Raise a Healthy Child in Spite of Your Doctor – Robert Mendelsohn, MD*
- *Jabs, Jenner and Juggernauts – Jennifer Craig, PhD, BSN, MA, Dhom*
- *Natural Alternatives to Vaccination – Zoltan Rona, MD*
- *The Crime of Vaccination – Tenison Deane, MD*
- *The Sanctity of Human Blood: Vaccination is Not Immunization – Tim O'Shea, DC*
- *Vaccination – Gerhard Buchwald, MD*
- *Vaccination: 100 Years of Orthodox Research – Viera Scheibner, PhD*

- *Saying No To Vaccines – Sherri Tenpenny, DO*
- *Make an Informed Vaccine Decision For the Health of Your Child – Mayer Eisenstein, MD, JD, MPH*
- *Vaccines: Are They Really Safe and Effective? – Neil Miller*
- *Child Health Guide – Randall Neustaedter*
- *A Shot in the Dark* - H. Coulter & B.L. Fisher
- *What Every Parent Should Know About Childhood Immunization* - Jamie Murphy
- *Immunizations: The Terrible Risks Your Children Face That Your Doctor Won't Reveal* - R. Mendelsohn, M.D.

Sherri Tenpenny, D.O. – Anti-Vaccine

- Reporting on scientific research… "Vaccines start an entire cascade of events … tolerating the injected abnormalities but creating inflammation …autoimmune diseases and/or cardiovascular disorders. When the next insult happens (i.e. the next flu shot or other vaccine, or drug such as prednisone, Remicade, Embril) the cascade starts all over again, and death is one of the options for 'compensation.'

  "Introduction of surfactants (aluminum, Triton X-100, polysorbate 80, human DNA, mercury, etc) into the bloodstream causes acute stress in the watery fluid between cells, lowering of ZP, lowering of pH, elevation of viscosity, and electro-hemorrheologic—hemodynamic derangement. This triggers a cascade of immunologic and hemostatic events, leading to tissue hypoperfusion, cellular anoxia, seizures, arrhythmias, infarctions, cardiovascular collapse, and death."

Paul Offit, M.D. - Vaccine Advocate

- *"The immune system of a baby has got huge spare capacity to deal with challenge. If we didn't, the human race wouldn't survive. But let's look specifically at vaccine. This has been studied carefully. A baby's immune system could actually tolerate perfectly well* ***1,000 vaccines****. At no point did I suggest that 1,000 vaccines would not increase the probability of* ***adverse reactions*** *- a quite different matter."*
- Huge capacity…so why vaccinate?

Early Stress: Chemical

- 2004 Testing of 10 umbilical cord blood samples showed the following:
  - Of 400 toxins tested for - 287 were detected
  - Of these, 180 are known to cause cancer in humans/animals; 217 are toxic to brain or nervous system, and 208 known to cause birth defects/abnormal development
  - Body burden at/before birth

What are the numbers?

- From Oct. 1, 1998 to Feb 2, 2009
  - **12,890 reactions reported**
    - 3,976 to DPT
    - 71 to DT
    - 830 to MMR
    - 5,365 unspecified
  - **999 deaths**
    - 695 DPT; 67 DPaT; 45 Hep B; 52 MMR

Are Vaccinated Children Healthier than Unvaccinated?

Vaccinated children have higher rates of autism and ADHD than unvaccinated children.

Generation Rescue: phone survey (17,674 children)

All vaccinated boys compared to unvaccinated boys:

- Vaccinated boys were 185% more likely to have a neurological disorder
- Vaccinated boys were 317% more likely to have ADHD
- Vaccinated boys were 146% more likely to have autism

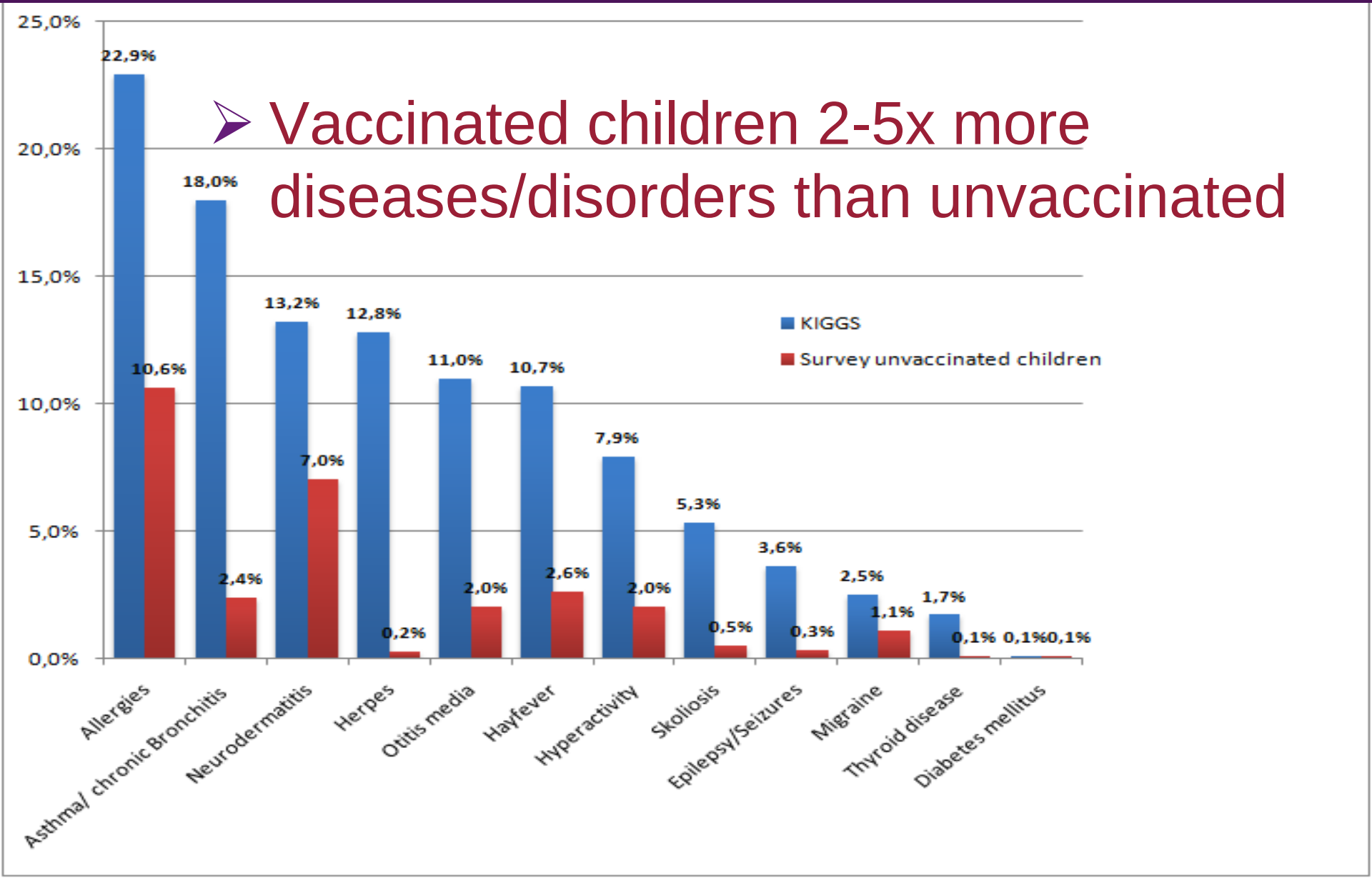
Older vaccinated boys, ages 11-17, compared to older unvaccinated boys:

-Vaccinated boys were 158% more likely to have a neurological disorder
- Vaccinated boys were 317% more likely to have ADHD
- Vaccinated boys were 112% more likely to have autism

(Note: older children may be a more reliable indicator because many children are not diagnosed until they are 6-8 years old, and we captured data beginning at age 4.)

Vaccinated children had 120% more asthma.

KiGGS study – Germany; 17,000 kids up to age 19



- Vaccinated children 2-5x more diseases/disorders than unvaccinated

Immunization Awareness Study – New Zealand

- 245 families, 495 kids (226 vaccinated, 269 unvaccinated
- Showed that the unvaccinated children clearly have less allergies, less otitis (ear infections), less tonsillitis, less running noses, less epilepsies and less ADHD.

4 Questions to ask your MD

- Chemical accumulation of vaccine ingredients in child's body?
- Thimerosol/mercury? If nothing to worry about, why take it out? Cause any harm?
- Potential to cause more disease? (ie paralytic polio)
- Vaccine safety/effectiveness (20+ years)? Prove it!
- If MD insists they are safe, sign this: http://preventdisease.com/news/12/050212_If-Your-Doctor-Insists-That-Vaccines-Are-Safe-Have-Them-Sign-This-Form.shtml

NEWS FLASH!

The great trouble with vaccination is that it vaccinates the mind.
~ Elbert Hubbard

BIG Business: Vaccines are products of PHARMA

- **Drug companies, insurance companies and the medical system get rich when you get sick.**
- Vaccines do not give life-long immunity, which means booster shots are recommended = risk of more side effects.
- Vaccine side effects can make you sick for the rest of your life. Conveniently, there are **many drugs to treat the side effects caused by vaccines.**
- Neither drug companies nor doctors can be sued when something bad happens from a vaccination. Both are protected by the 1986 National Child Vaccine Injury Act: ***"No vaccine manufacturer shall be liable in a civil action for damages arising from a vaccine-related injury or death." (Public Law 99-660)***

2012: Vaccines In the NEWS…

- Italian Health Ministry: “damaged by irreversible complications due to prophylaxis trivalent MMR)” …caused Autism in a now 9 yr old boy
- Decreased effectiveness of chicken pox vaccine → shingles in adults
- Merck: Guilty of FRAUD – data manipulated to overstate effectiveness of MMRII, ProQuad, MMRVaxPro vaccine

Nutrition

- Dr. Dorris Rapp is a professor of pediatrics at the University of Buffalo, and is a board certified allergist who studied groups of **children with ADD/ADHD**. She found that **67-85% had food allergies** …the basis of their behavioral disorders. She showed that if you took these foods away their **behavior improved by 75-90%.**

- A study in the Annals of Allergy showed children who avoided **dairy, wheat, corn syrup, artificial colors, flavors and preservatives** for two weeks reported considerably less hyperactivity, improved attention, less allergies, less medication, better sleep.

Chemical Stresses: Food

Food Additives/Foods to Avoid:

- Acesulfame K
- Artificial Coloring
- Aspartame, Sucralose
- MSG
- Nitrate/Nitrite – in meats
- White sugar/flour
- Trans fats/fast food
- High Fructose Corn Syrup
- Dairy
- Wheat (gluten)

Chemical stress from medications:

- **Overuse of Antibiotics. In 2004 the AAP reversed its guidelines and said that in more than 80% of children, symptoms would subside on their own *without* antibiotics.**

  Research shows antibiotics have no value in treating ear infections (viruses, not bacteria)

Immune System and your Nervous System

"Every function of the human body is under the control of the nervous system. Its function is to coordinate all the other organs and structures and to relate the individual to his environment."

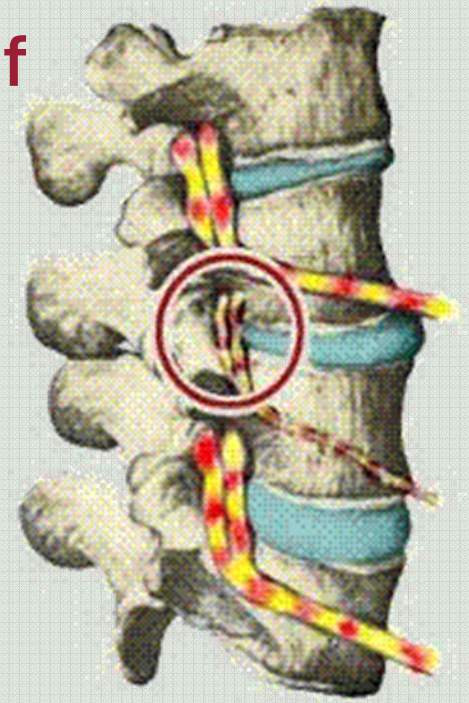
Source: Gray's Anatomy, 29th edition

Landmark study: Dr. G. Gutmann, M.D., Jrnl. Manual Medicine 1987

- Reported many physical problems in more than 1000 infants he studied were caused by blocked nerve impulses at level of the atlas, or first vertebra in neck. The physical problems noted were central motor impairment, lowered resistance to infections, esp. those of ear, nose & throat. Gutmann states "Chiropractic and radiological examinations are of decisive importance for diagnosis of the syndrome."

Subluxation

- "Subluxation" – misaligned vertebrae
- Can lead to degenerative changes if uncorrected.
- Causes interference to the nervous system and affects overall health and healing.
- Alters autonomic activity (adapt!)
- Can begin during the birth process



Protecting Your Children

- Positive thought, affirmations, play, laugh
- Go “green”, organic, grass-fed/hormone free
- Avoid Food Additives
- Add whole food supplements to child’s diet
- Avoid antibiotics (overuse) and medications
- Avoid/delay vaccinations
- Probiotics, fish oil, Vit D3
- Trust in the body’s ability to heal
- Correct physical bumps & bruises early
- Drink WATER!
- Get adequate rest; limit TV/electronics
- Visit a Chiropractor on a regular basis

- **Know that *healthcare is something you pay for; sick care is covered by insurance. Your insurance will pay for drugs and vaccines.***
- **Budget accordingly to stay healthy. Your life depends on it.**

- Question everything
- Ask MD about side effects/aware of latest research
- Ask for proof (not brochure from health dept. or PHARMA)
- Recognize reactions
- Get Vaccine lot #
- Know liabilities

Thank You!

Dr. John Ferguson

Ferguson Family Chiropractic

Exit 9 – The Crossings

Clifton Park, NY

518.383.5595

www.ForLifetimeWellness.com

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